

## AMENDMENTS TO THE SPECIFICATION

- Please amended the Cross-Reference to Related Applications as follows:

This is a continuation of Application 10/145,997, filed May 15, 2002, which is a continuation-in-part of Application No. 09/895,750, filed June 29, 2001, now abandoned.

- Please amend paragraph 7 of the application as follows:

**[0007]** In accordance with the present invention, there is provided a disposable menstrual undergarment for absorption of body fluids including a front portion, a rear portion, and a crotch portion. The undergarment includes an exterior layer of breathable material, a waistband of generally continuous material, and two leg openings adjacent the crotch portion. Each of the leg openings includes an interior faced absorbent border. The undergarment includes a middle layer of absorbent materials and an interior faced, removable layer of absorbent materials along the interior surfaces of the front portion, rear portion, and the crotch portion of the undergarment. The interior faced, removable layer of absorbent material and the interior faced absorbent border along each interior faced surface of each leg opening provide for absorption of fluids excreted by the wearer of the undergarment. The interior layer of absorbent materials is removable by the wearer from the middle layer when the interior layer is soiled, with the middle layer remaining fixed against the crotch portion and the border of absorbent materials remaining positioned along the interior faced surfaces of each leg opening. The disposable menstrual undergarment provides protection for young females and adults needing special assistance during a day of school or during day-long adult outings, while providing an undergarment that is not bulky, is easily replaceable, and is inexpensive while being fully absorbent of any fluids excreted by the wearer of the undergarment.